

Political and Other Contacts
prepared by Glenna Shearer, April, 2017

Effective Communication with Politicians, from Most to Least

Communicate both to express your position on an issue, and also to thank the politicians who have supported your issue.

1. Face-to-face as in a town hall meeting. Especially good if you have a personal story of the way a Trump Republican policy has negatively affected you; otherwise, say why you oppose the policy or nomination.

2. Write a short postcard (more timely) or a short letter (must go through an inspection process for anthrax, etc.). Written communications increase awareness in that they have to be handled by staff, and they take up visual space in the office. Recount any personal story for additional impact (see #1 above).

3. Make a telephone call. If possible, talk with a staff member, and recount any personal story for additional impact (see #1 above).

4. Email is a little more impersonal, but do it anyway, especially if you cannot get through by telephone. Recount any personal story for additional impact (see #1 above).

5. Petitions with mass signatures, have the least impact on politicians. Seem impersonal and generic. A petition is a good way to become informed and to inform others about an issue or nomination.

Congress

Email attachments are not accepted, because of the risk of internet viruses

Most Senators accept emails from anyone.

Most Representatives only accept emails from the constituents in their district, and require the complete 9-digit zip code for their district.

Either telephone or write Representatives out of your district. For example, you might want to telephone or write House Speaker Paul Ryan about an issue or a vote.

When communicating with politicians, refer to the Trump Republican administration, not just the Trump administration. We need to make it clear that the Republican Congress is part of the administration.

FEDERAL

Senator Dianne Feinstein (CA) - Democrat

website - <http://www.feinstein.senate.gov/public/>

for email form - <http://www.feinstein.senate.gov/public/index.cfm/e-mail-me>

DC -(202) 224-3841

SD - (619) 231-9712

LA - (310) 914-7300

SF - (415) 393-0707

Fresno - (559) 485-7430

At times you cannot get through to the DC office,
so you have to call a branch office.

331 Hart Senate Office Building
Washington, DC 20510

Committee Assignments - <http://www.feinstein.senate.gov/public/index.cfm/committee-assignments?>

Senate Committee on the Judiciary (ranking member)

Senate Select Committee on Intelligence

Senate Committee on Appropriations

Senate Committee on Rules and Administration

Senator Kamala Harris - (CA) - Democrat

website - <https://www.harris.senate.gov>

for email form - <https://www.harris.senate.gov/content/contact-senator>

DC - (202) 224-3553

Sacramento - (916) 448-2787

Fresno - " " "

LA - (213) 894-5000

SF - (415) 355-9041

SD - (619) 239-3884

112 Hart Senate Office Building
Washington, Dc 20150

Committee Assignments - <http://www.kamalaharris.org/frontpage/2016/my-committee-assignments/>

Senate Committee on Homeland Security and Governmental Affairs

Senate Select Committee on Intelligence

Senate Committee on Environment and Public Works

Senate Committee on Budget

Representative Scott Peters - Democrat - 52nd Congressional District of California

website - <http://scottpeters.house.gov>

for email form - <http://scottpeters.house.gov/contact>

To email, you must use the complete zip code - 92037-4924

DC - (20) 225-0508, M-F 9:00am - 05:00pm

San Diego - (858) 455-5550, M-F 08:30am - 05:00pm

1122 Longworth House Office Building
Washington, DC 20515

4350 Executive Drive, Suite 105
San Diego, CA 92121

Committee Assignments - <http://scottpeters.house.gov/legislation/committees-and-caucuses>

House Energy and Commerce Committee

House Committee on Veterans' Affairs

CALIFORNIA STATE

Governor Edmund G. Brown, Jr.

website - <https://www.gov.ca.gov/home.php>

for email form - <https://govnews.gov.ca.gov/gov39mail/mail.php>

Sacramento - (916) 445-2841

Governor Jerry Brown
c/o State Capitol, Suite 1173
Sacramento, CA 95814

Senator Toni Atkins - Democrat - 39th Senate District of California

<http://sd39.senate.ca.gov>

for email form - <http://sd39.senate.ca.gov>

Sacramento - (916) 651-4039

San Diego - (619) 645-3133

State Capitol, Room 4072
Sacramento, CA 95814

701 B Street, Suite 1840
San Diego, CA 92101

Assembly Member Todd Gloria - Democrat - 78th California Assembly District

<https://a78.asmdc.org>
for email form - [https://lcmspubcontact.lc.ca.gov/PublicLCMS/
ContactPopup.php?district=AD78](https://lcmspubcontact.lc.ca.gov/PublicLCMS/ContactPopup.php?district=AD78)

Sacramento - (916) 319-2078
San Diego - (619) 645-3090

State Capitol
P.O. Box 942849
Sacramento CA 94249-0078

1350 Front Street, Suite 6054
San Diego, CA 92101

SAN DIEGO

Kevin Faulconer, San Diego Mayor

<https://www.sandiego.gov/mayor/>
for email form - <https://www.sandiego.gov/mayor/contact>

City Administration Building
202 C Street, 11th Floor
San Diego, CA 92101
(619) 236-6330

San Diego City Council

City of San Diego Council Docket - [https://www.sandiego.gov/sites/default/files/
04-11-17_3.pdf](https://www.sandiego.gov/sites/default/files/04-11-17_3.pdf)

Babara Bry - SD City Council District 1 — our SD City Council representative
[https://www.sandiego.gov/citycouncil/cd1/
barbarabry@sandiego.gov](https://www.sandiego.gov/citycouncil/cd1/barbarabry@sandiego.gov)
(619) 236-6611

City Administration Building
202 C Street, MS #10
San Diego, CA 92101

Lorie Zapf - SD City Council District 2

loriezapf@san Diego.gov

(619) 236-6622

Christopher Ward - SD City Council District 3

christopherward@san Diego.gov

(619) 236-6633

Myrtle Cole - SD City Council District 4

myrtlecole@san Diego.gov

(619) 236-6644

Mark Kersey - SD City Council District 5

markkersey@san Diego.gov

(619) 236-6655

Chris Cate - SD City Council District 6

ChrisCate@san Diego.gov

Phone: (619) 236-6616

Scott Sherman - SD City Council District 7

scottsherman@san Diego.gov

(619) 236-6677

David Alvarez - SD City Council District 8

davidalvarez@san Diego.gov

(619) 236-6688

Georgette Gomez - SD City Council District 9

georgettegomez@san Diego.gov

(619) 236-6699

Mara W. Elliott - City Attorney

cityattorney@san Diego.gov

(61) 236-6220

1200 Third Avenue, Suite 1620

San Diego, CA 92101

OTHER CONTACTS

Democrats

Senator Chuck Schumer (NY) - Democrat - Minority Leader in the Senate
<https://www.schumer.senate.gov/>

for email form - <https://www.schumer.senate.gov/contact/email-chuck?>
DC phone - (202) 224-6542

Senator Dick Durbin (IL) - Minority Whip in the Senate
<http://www.durbin.senate.gov/about-dick-durbin>

for email form - <https://www.durbin.senate.gov/contact/email>
DC phone - (20) 224-2152

Senator Elizabeth Warren (MA)
<http://www.warren.senate.gov>

for email form - https://www.warren.senate.gov/index.cfm?p=email_senator
DC phone - (202) 224-4543

Representative Nancy Pelosi (CA) - Minority Leader in the House of Representatives
<http://pelosi.house.gov>

for email form - email only for constituents
DC phone - (202) 225-4965

233 Cannon House Office Building
Washington, DC 20515

Representative Denny Hoyer (MD) - Minority Whip in the House of Representatives
<https://hoyer.house.gov/>

for email form - email only for constituents
DC phone - (202) 225-4131

1705 Longworth House Office Building
Washington, DC 20515

Republicans

Senator Mitch McConnell (KY) - Senate Majority Leader
<http://www.mcconnell.senate.gov/public/index.cfm/home>

for email form - <https://www.mcconnell.senate.gov/public/index.cfm/contactform>
DC phone - (202) 224-2541

Representative Paul Ryan (WI) - Speaker of the House of Representatives
paulryan.house.gov

for email form - email only for constituents
DC phone - (202) 225-3393

1233 Longworth House Office Building
Washington, DC 20515

Whenever you write to Ryan, close with, "When you run for president, I will remember your actions during the Trump Republican administration."

Representative Jason Chaffetz - Chair of the House Oversight Committee
2236 Rayburn House Office Building [Accepts no email out of his district]
Washington, DC 20515

(202) 225-7751

Chaffetz has not subjected Trump to the aggressive oversight called for by Democrats and ethics watchdogs over possible conflicts of interest raised by the president's sprawling business empire. Chaffetz was relentless in his investigation of Secretary of State Hillary Clinton. Although Chaffetz announced (4/19/17) that he will not run for the House of Representatives in 2018, we need to pressure him to do his job of oversight with Trump now.

GOVERNMENT OFFICES

Department of Justice

Attorney General Jeff Sessions
U. S. Department of Justice
950 Pennsylvania Avenue, NW
Washington, DC 20530-0001

James Comey, FBI Director.
FBI Headquarters
935 Pennsylvania Avenue, NW

Washington, DC 20535-0001

Government Accountability Office

Government Accountability Office (GAO)

For those of you who want to support the long precedent of US Presidents refraining from personal gain and eliminating conflicts of interest: Support Senator Warren's request to audit President Trump's finances for conflicts of interest. The woman who answered the phone at the Comptroller General of the Government Accountability Office said the most effective way to be sure my support counted was to email two administrators, Katherine Siggerud and Timothy Minelli.

Their email addresses are:

siggerudk@gao.gov

minellit@gao.gov

There is a third email address through which they're tracking people who are urging support for the audit -- congre@gao.gov.

Or, you can send ONE email addressed to:

siggerudk@gao.gov, minellit@gao.gov,

Message:

Subject line:

Re: Audit for President Trump's financial concerns

Dear Ms. Siggerud and Mr. Minelli,

I'm writing in support of Senator Elizabeth Warren's request for an audit of our incoming President Trump's finances, to prohibit conflicts of interest that would prevent him from carrying out the responsibilities of the office without corrupt influence.

Sincerely,

Your Name

Office of Government Ethics

Office of Government Ethics

<https://www.oge.gov>

(202) 482-9300 #5

Public Figures

(Concentrate on those you want to thank for their support of something, e.g. speaking out against the Executive Order on Immigration. An example is NASCAR's most popular star, Dale Earnhardt, Jr., who spoke out and said, "America is created by immigrants.")

Media

Send both praise and criticism. Do not hesitate to let them know when they did something right.

New York Times

executive-editor@nytimes.com

public@nytimes.com

[for feedback]

[public editor is Liz Spayd - journalistic integrity and news judgment]

Add others you want to contact.
